



Tow Youth
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Transforming Children's Behavioral Health Policy and Planning Committee

December 3rd, 2025

2:00-4:00PM

Room 1E in the LOB

ZOOM Option Available

Scan to submit your attendance



Meeting Facilitation

- **Mute on Zoom**
 - Participants must remain muted on Zoom unless speaking
- **Hand Raising**
 - Virtual attendees should use the Hand Raise feature on Zoom for questions and comments
- **Questions at the End**
 - Hold questions and comments until the presenters have finished speaking
- **TCB only**
 - Only TCB members may ask questions and make comments
- **Recording**
 - This meeting is being recorded

Agenda

Welcoming, Opening Remarks

TCB Tri Chairs: Senator Ceci Maher, Representative Tammy Exum & Claudio Gualtieri, Senior Policy Advisor to the Secretary, OPM

Review and Acceptance of November Minutes

Administrative Updates

TYJI

Panel Introduction

Frank Gregory, Administrator of Children's Behavioral Health Community Service System, Department of Children and Families

Crisis Services Data Panel: UCC's, Subacute Stabilization Centers & Mobile Crisis

Lisa Tepper Bates, President and CEO of United Way, Tanya Barrett, Senior Vice President, United Way, Kayla Theriault, Senior Associate, CHDI, Amy Samela, Vice President, Residential Programs, The Village, Ali Tabassum, APRN, Associate Medical Director, Wellmore, Jason Shirley, Director of Outpatient Services, CFA, Ashley Challinor, LPC, CFA

Allison Matthews-Wilson, Senior Director of Workforce and Clinical Policy, CHA
Marci Mitchell, Senior Director, ChimeData Solutions, CHA

ED Hospitalization Data Panel

Carrie Bourdon, LCSW, Chief Executive Office, CT BHP Division at Carelon Behavioral Health CT, Jackie Cook, LPC Regional Network Manager, Carelon Behavioral Health CT

Q&A

TCB Tri Chairs: Senator Ceci Maher, Representative Tammy Exum and Claudio Gualtieri, Senior Policy Advisor to the Secretary, OPM

Closing Remarks

Administrative Updates

COLLECTION DRIVE

Diapers, Winter Gear and Toiletries
for Families in Need

We invite all TCB and JJPOC members to support our community partners by contributing essential items.

Please bring your donations to the Legislative Office Building during our January meeting.

Items Needed:

-  Diapers (all sizes)
-  Winter Gear: hats, gloves, coats
-  Toiletries

Donations will go to:

Diaper Bank: thediaperback.org

Brian's Angels: briansangels.org

January 07, 2025

2:00 PM - 4:00 PM

Legislative Office Building



Looking Ahead – TCB Meeting updates

- Our next meeting in the new year will be held on January 7th, from 2-4PM in the LOB with a zoom option. This meeting will be focused on potential legislative recommendations the TCB could put forward in 2026, and a presentation from CWCSEO including their legislative recommendations regarding Eating Disorders.
- More details will come regarding the CVW Summit, aimed to be held in February, the morning of the February TCB Meeting. Please be on the lookout for further information
 - The TCB will vote on legislative recommendations during the February TCB Meeting. The 2026 Session will begin February 4th.

Workgroup Upcoming Meeting Dates

Workgroup:	Meeting Date:
System Infrastructure	December 16 th , 2025 3:00 – 4:30 PM (ZOOM)
Services	December 10 th , 2025 2:00 – 3:30 PM (ZOOM)
School Based	January 5 th , 2026 3:00 – 4:30 PM (ZOOM) No December meeting*
Prevention	December 4 th , 2025 3:00 – 4:30 PM (ZOOM)

Overview of TCB Legislation and Efforts Regarding Crisis Services

Led by Howard Sovronsky, Behavioral Health Advocate

UCC Private Insurance Review

The TCB UCC ADHOC Subgroup will lead the efforts of completing the UCC Billing Review recommendation the TCB included in their 2025 recommendations in brief. This subgroup will sunset upon completion of its goals.

A meeting is in the process of being set up to discuss the recommendation further with identified individuals needed to lead the efforts of the subgroup. Individuals who had worked on the legislation met in August, where it was identified that looking at utilization of services was a priority as a first step. This legislation passed in HB 8004 during the November Special Session.

Crisis Continuum Review

The subgroup will lead the efforts of the Crisis Continuum Recommendation TCB put forth in the 2025 session. The subgroup includes CHDI, DCF, the Services Workgroup Co-chairs and UnitedWay.

The group has been meeting over the past few months to evaluate utilization data of crisis services, including 211/Mobile Crisis Data, ED Hospitalization Data, UCC Data, and Subacute Stabilization Data. Presentations aligned with this work will be presented next month at the December TCB Meeting.

UCC Communications

The Behavioral Health Advocate, along with DCF, and the community based UCC'S have been meeting to discuss ways of increasing utilization at the three UCCs. Targeted communication strategies as well as plans for customized community conversations in each region are being pursued as a way of promoting and educating community members on crisis services including UCC's.

This work is aligned with the Crisis Continuum Review and was identified as a first step to increase utilization a critical component on a long-range sustainability plan for the UCCs.

Crisis Continuum Introduction

*Frank Gregory, Administrator of Children's Behavioral Health Community Service System,
Department of Children and Families*

Crisis Services Data Panel:

Lisa Tepper Bates, President and CEO of United Way, Tanya Barrett, Senior Vice President, United Way, Kayla Theriault, Senior Associate, CHDI, Amy Samela, Vice President, Residential Programs, The Village, Ali Tabassum, Wellmore, Jason Shirley, Director of Outpatient Services, CFA, Kim Kalajainen, COO, CFA

ED Hospitalization Data Panel

Carrie Bourdon, LCSW, Chief Executive Office, CT BHP Division at Carelon Behavioral Health CT, Jackie Cook, LPC Regional Network Manager, Carelon Behavioral Health CT

Q&A



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Next Meeting:

January 7th, 2026

2:00 – 4:00 PM